

**Total therapy is the only approach to achieving long-term disease control**

## **Argument against**

**Dr Rakesh Popat**

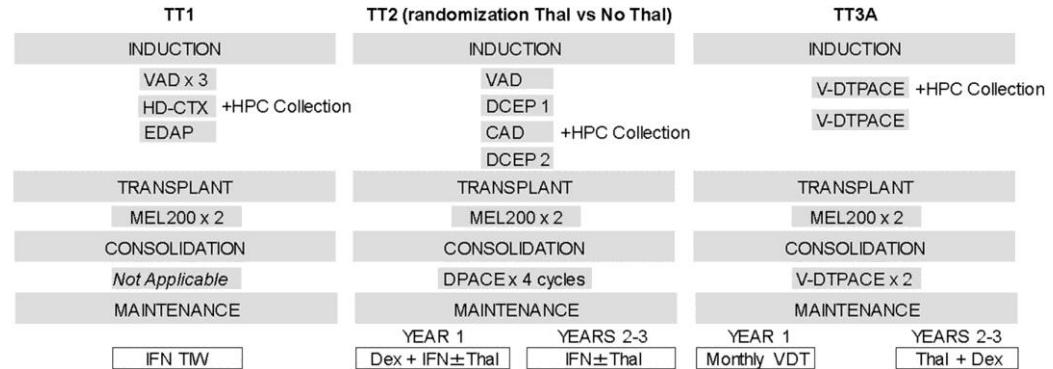
**Consultant Haematologist & Honorary Clinical Senior Lecturer**

**University College London Hospitals NHS Foundation Trust**

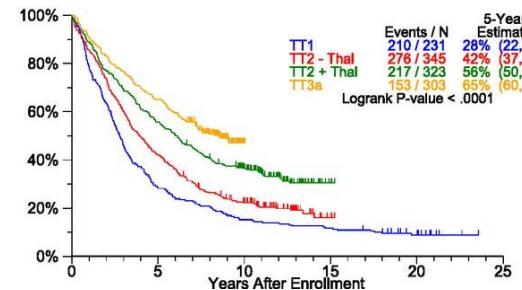
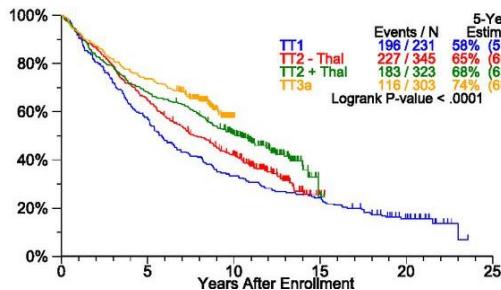
## Curing myeloma at last: defining criteria and providing the evidence

Bart Barlogie,<sup>1</sup> Alan Mitchell,<sup>2</sup> Frits van Rhee,<sup>1</sup> Joshua Epstein,<sup>1</sup> Gareth J. Morgan,<sup>1</sup> and John Crowley<sup>2</sup>

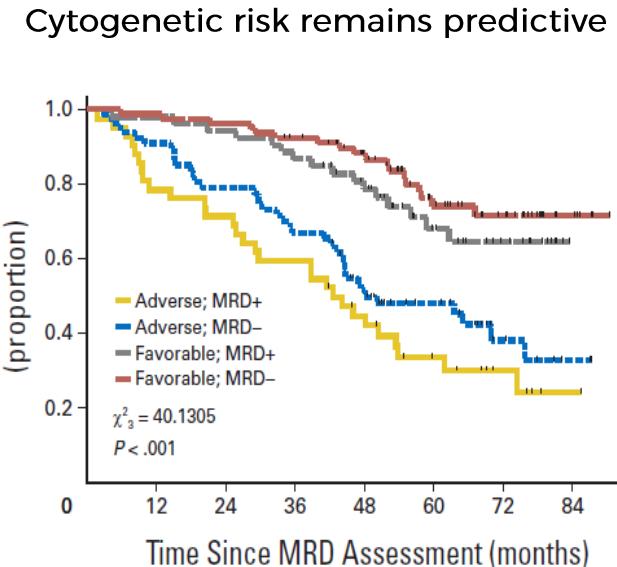
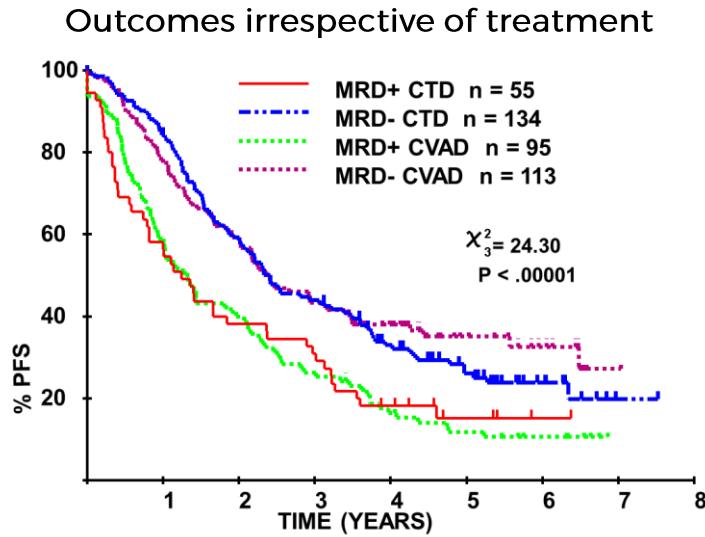
<sup>1</sup>Myeloma Institute for Research and Therapy, University of Arkansas for Medical Sciences, Little Rock, AR; and <sup>2</sup>Cancer Research And Biostatistics, Seattle, WA



Factor	All Patients
Median Age (Yrs)	56.5 (N=1202) (24.8 - 77.3)
Age >= 65 yr	240/1202 (20%)

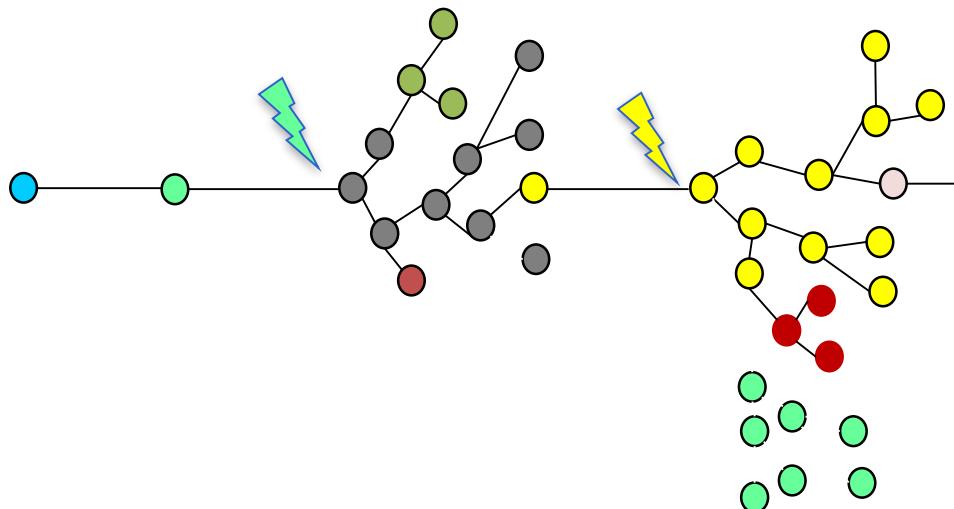


# MRD negativity: the key to survival



De Tute et al (2013) *Clin Lymphoma Myeloma Leuk*  
Rawstrom et al (2013) *JCO*

# Intraclonal heterogeneity and clonal evolution



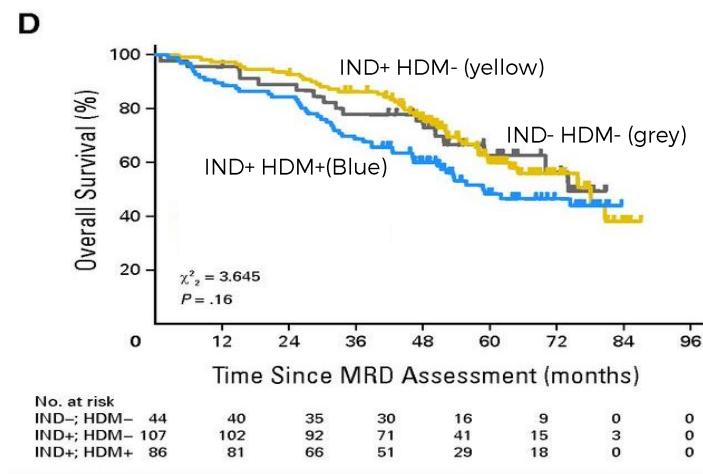
Can all  
clones be  
stopped with  
TT?

Extramedullary disease  
Plasma cell leukemia

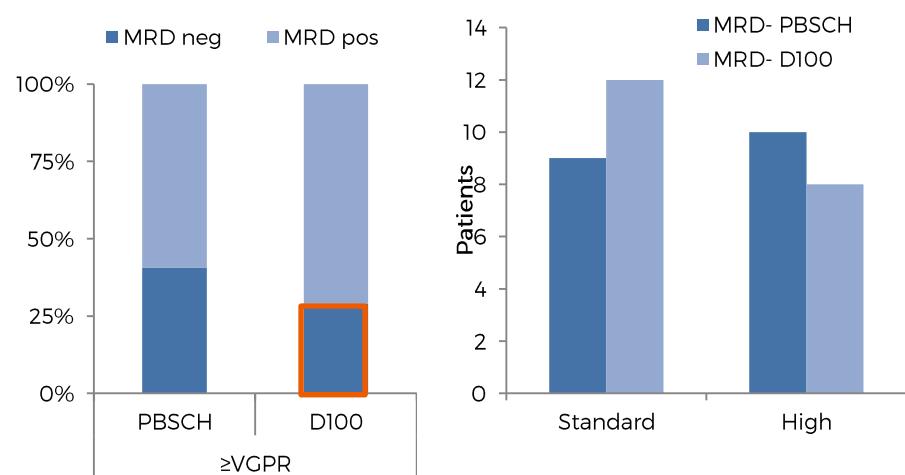
Morgan et al (2012) *Nat Reviews Cancer*

# MRD negativity and genetic risk to guide therapy

Myeloma IX Overall Survival by MRD status

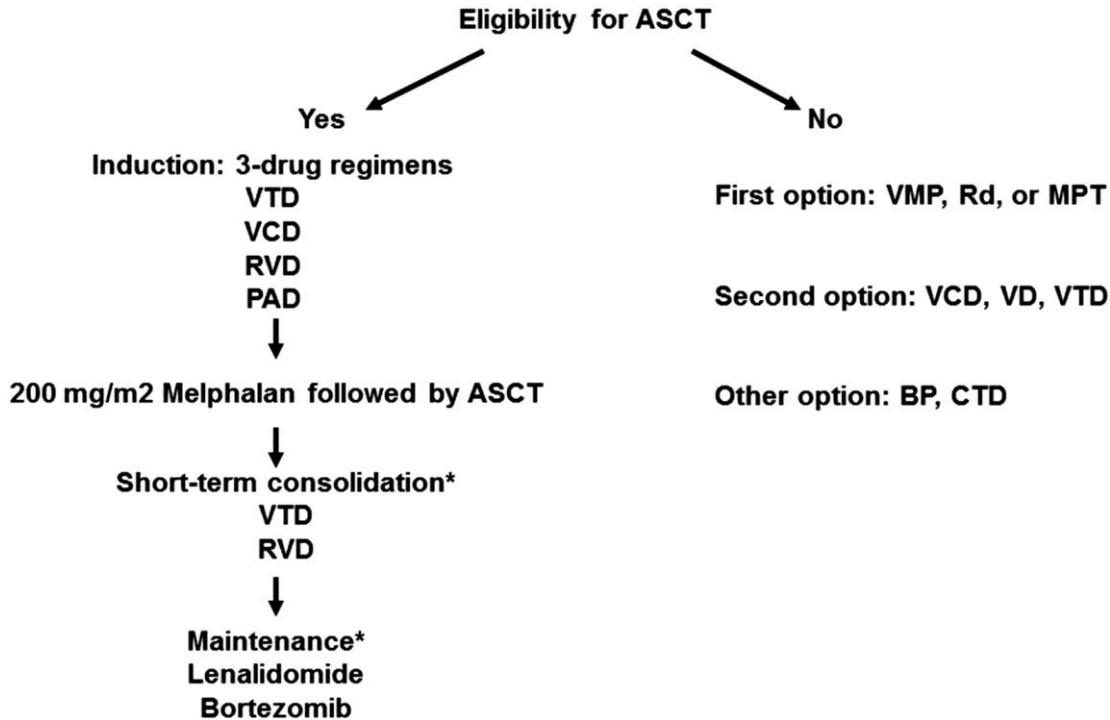


PADIMAC Trial: MRD following PAD induction only

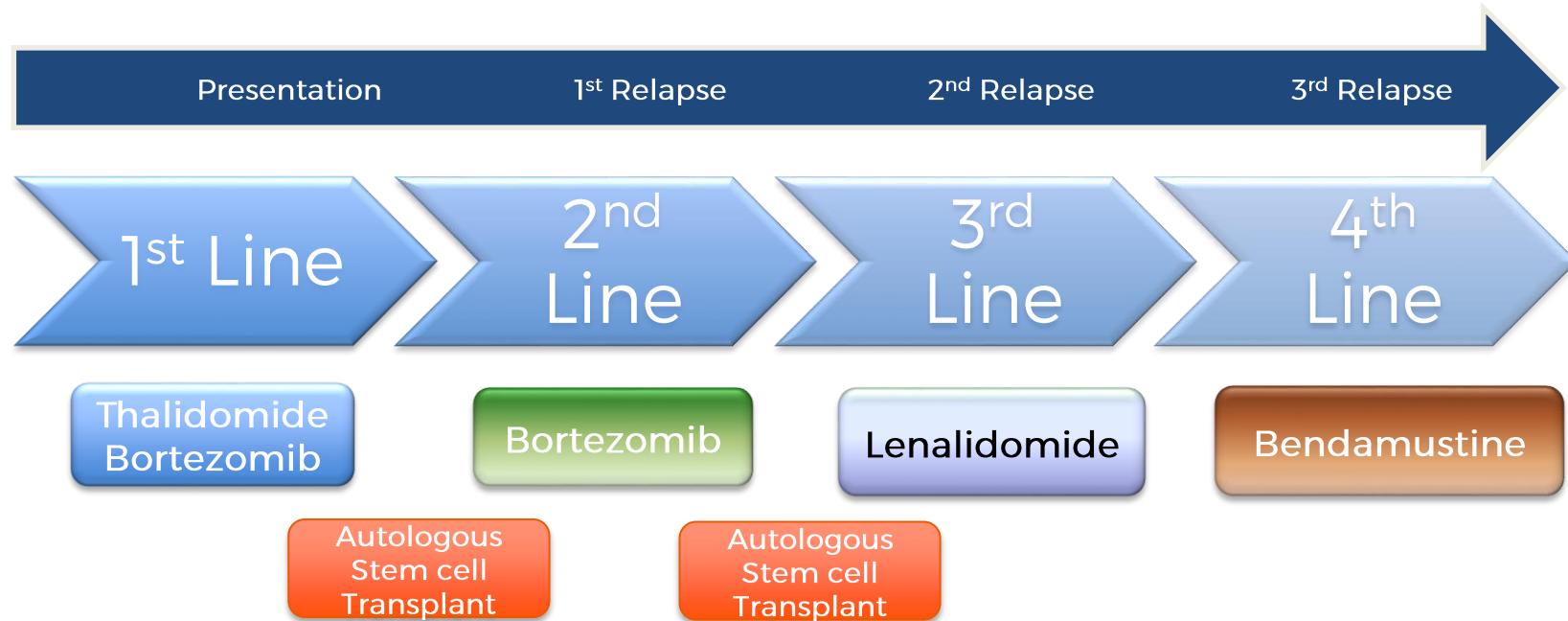


Rawstron et al (2013) JCO  
Popat et al (2014) ASH Abstract

# Recommended approach to front line therapy

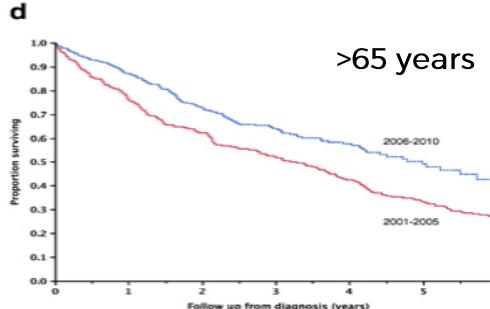
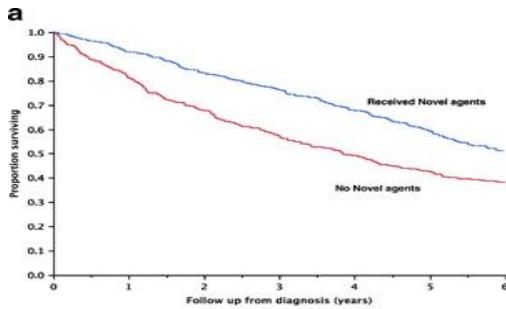
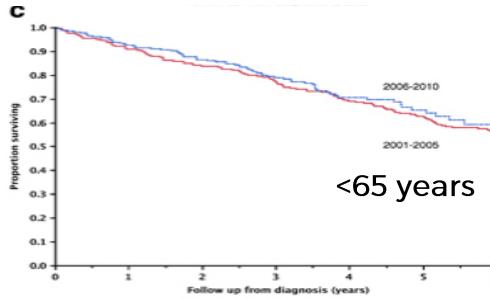
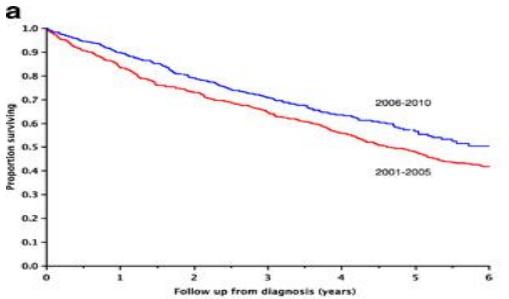


# UK Myeloma Funded Treatment Pathway



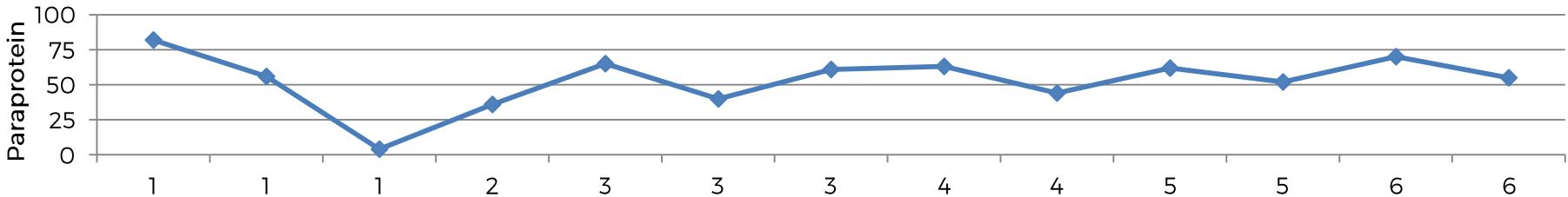
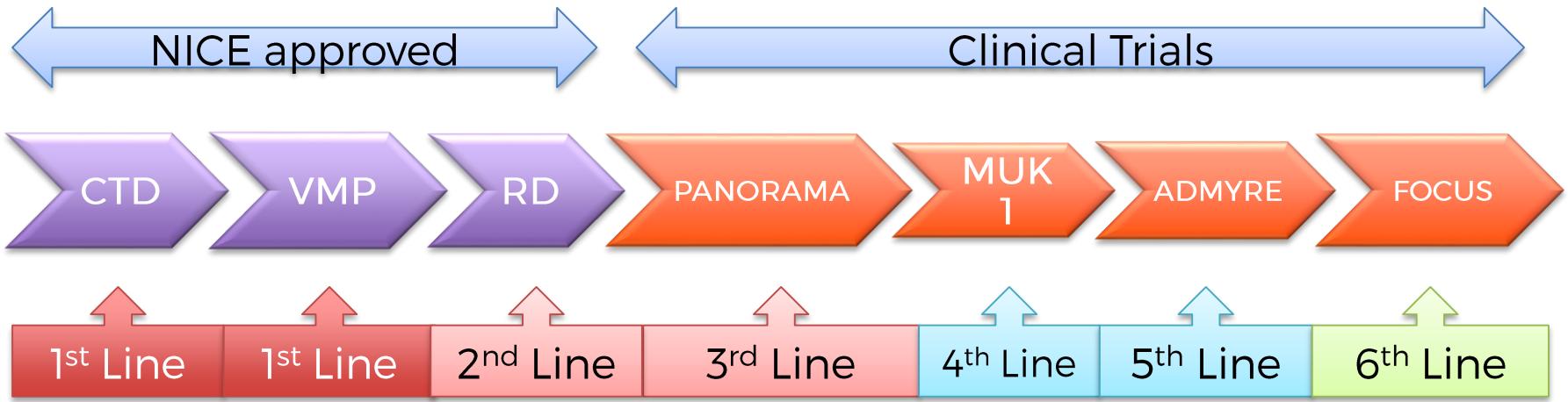
Reflects November 2015 CDF changes

# Continued Improvement in Survival: Impact of novel therapies and age



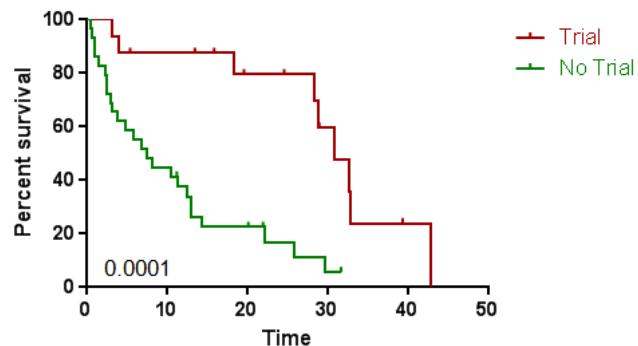
Kumar et al (2014) Leukemia

# Sequential therapy an example: Case t(4;14) 2008-2013

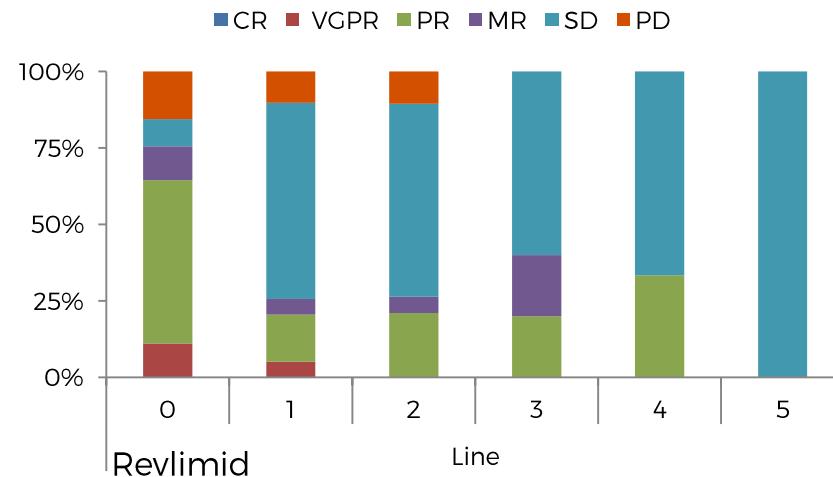


# Sequential therapy to control relapsed disease

Outcomes of patients post thalidomide, velcade and revlimid



Trial 30.5 months  
No trial 7.5 months

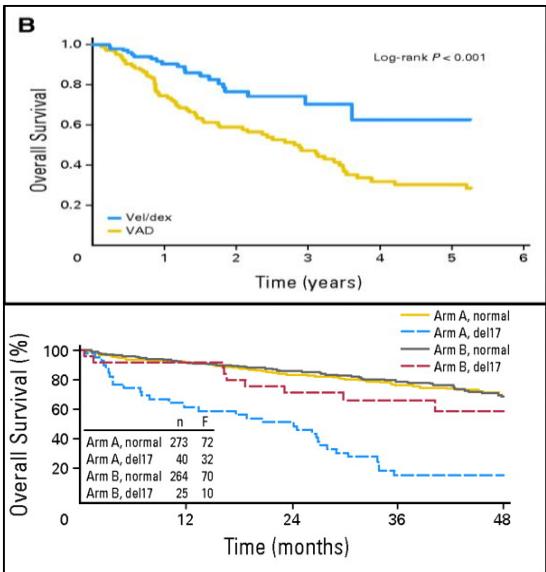


Unpublished UCLH data

# Risk adapted therapy in routine practice

Bortezomib for high risk myeloma

Imids for trisomy & t(11;14)



t(4;14)

17p-

Characteristics of patients with PFS >72 months with revlimid and dexamethasone

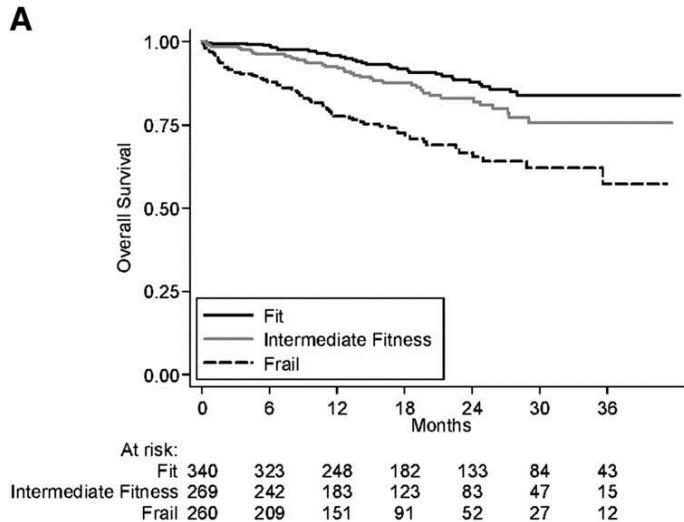
Table 2. Distribution of primary cytogenetic categories

Molecular cytogenetic classification	All patients in whom cytogenetic studies were done (n=28)	No. of patients (%)
Trisomies <sup>a</sup>	19 (68)	
t(11;14)(q13;q32)	2 (7)	
t(4;14)(p16;q32)	0 (0)	
MAF translocations [t(14;16)(q32;q23) and t(14;20)(q32;q11)]	0 (0)	
Other/unknown IgH translocation partner	0 (0)	
Both IgH translocation and trisomies <sup>b</sup>	1(4)	
Monosomy13/del(13q) in the absence of IgH translocation or trisomies <sup>c</sup>	3 (11)	
Normal or insufficient plasma cells	4 (14)	

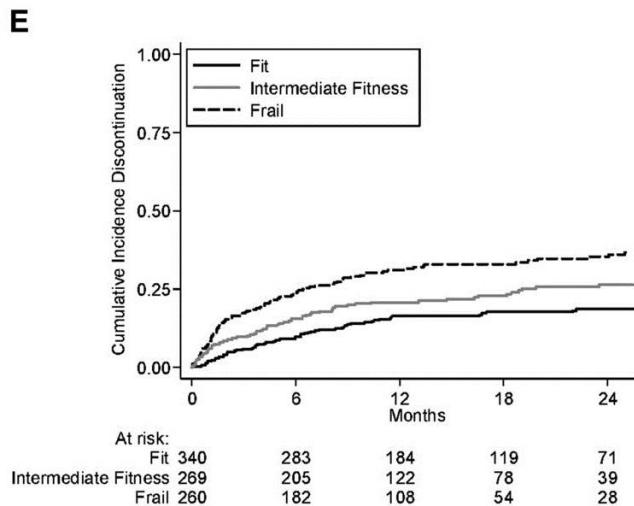
Molecular profiling will ultimately define risk

# Performance adapted therapy

Overall Survival



Discontinuations



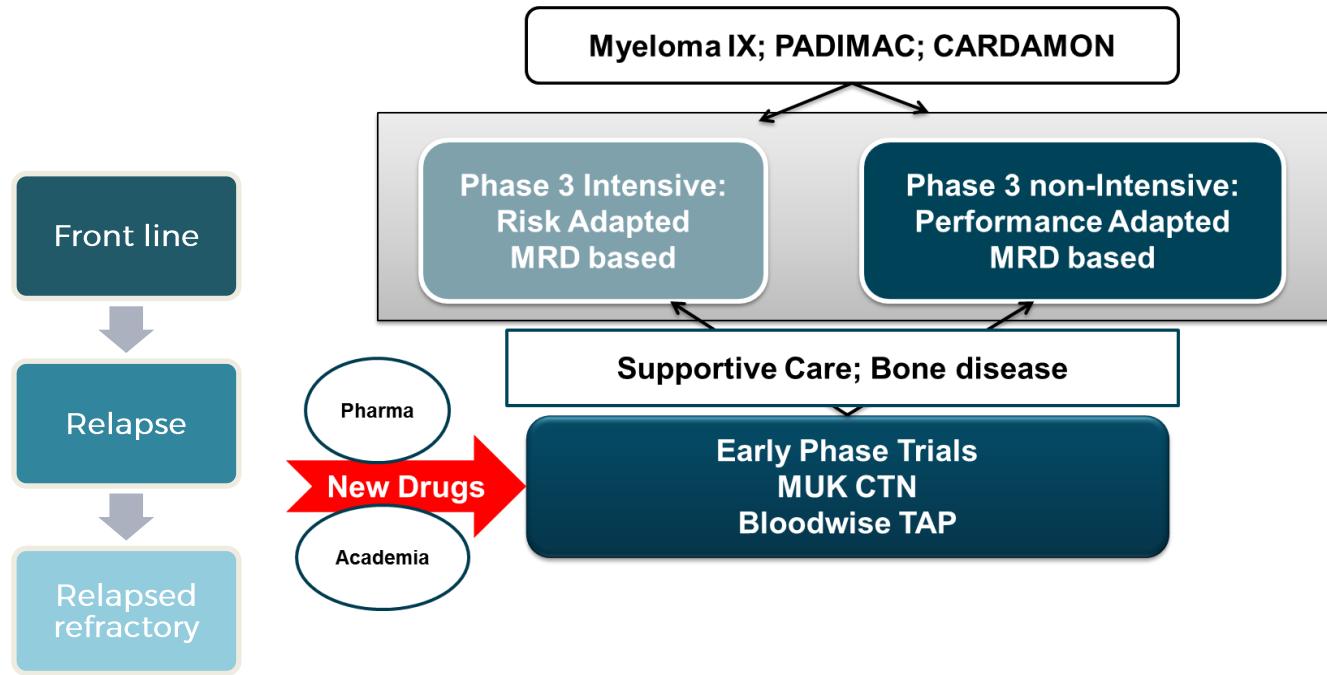
Elderly patients have more frequent discontinuations, toxicities and poorer survival

Palumbo et al (2015) *Blood*

# Total therapy for long term disease control

- Performance adapted therapy
- Risk Adapted therapy
- Sequential exposure of drugs
- Initial aim to achieve and maintain CR
- At late relapses disease control may be sufficient
- Avoid provoking explosive relapses
- Immunotherapies may provide long term control

# Developing a UK Total Therapy



# Which Total therapy? You decide...



**NHS**  
The Freeman Hospital



UCLh  
**NHS**

